

City of Lakewood Proclamation

Joining the Commemoration of National Nutrition Month in Lakewood

March 2025

WHEREAS, food is the substance by which life is sustained; and

WHEREAS, the type, quality and amount of food that people consume each day play a vital role in their overall health and physical fitness; and

WHEREAS, there is a need for continuing nutrition education and a wide-scale effort to enhance healthy eating practices; and

WHEREAS, the 12,000 credentialed nutrition and dietetics practitioners of the Academy of Nutrition and Dietetics are supporting National Nutrition Month as part of their commitment to improving the nation's health and advancing the profession of dietetics through research, education and advocacy;

NOW, THEREFORE, I, Todd Rogers, Mayor of Lakewood, on behalf of the Lakewood City Council, do hereby proclaim March as National Nutrition Month in Lakewood and encourage Lakewood residents to join in the national effort to become concerned about their nutrition and the nutrition of others in the hope of achieving optimum health now and in the future.



**TODD ROGERS
MAYOR**

